

Blessed Sacrament Confirmation Guidelines (Page 1)

To receive Confirmation in April/May of Sophomore year: Teen is expected to regularly attend 9th grade (Year 1) and 10th grade (Year 2) at Sinai.

To receive Confirmation in April/May of Junior year: Teen is expected to regularly attend 10th grade (Year 1) and 11th grade (Year 2) at Sinai.

To receive Confirmation in April/May of Senior year: Teen is expected to regularly attend 11th grade (Year 1) and 12th grade (Year 2) at Sinai.

Sinai is faith formation for teens in grades 9-12 who have not yet received the sacrament of Confirmation. Sinai begins with Youth Mass every Sunday from 5:00pm – 6:00pm and is followed by a presentation/small group time from 6:00pm – 7:30pm.

For everyone receiving Confirmation

1) Parents are expected to attend a required Confirmation workshop. Workshops are held in the spring semester of each year and they should attend one workshop before or during Year 1 or Year 2 of Confirmation preparation.

2) The teen candidate is expected to select a sponsor who is: a baptized Catholic; at least 16 years of age; has received First Communion and Confirmation. Please see the Sponsor Covenant & Eligibility Form for more guidelines. Ideally a sponsor is chosen by the candidate at the beginning of Year 1 of preparation so they can journey through the 2-year preparation period together. **Teens may only have one sponsor. Only one sponsor may present them at the Confirmation Liturgy.** When possible, a sponsor should be the teen's baptismal godparent. Parents may not be sponsors.

3) A Confirmation candidate's family are expected to be registered and contributing parishioners of Blessed Sacrament before enrolling in Confirmation.

4) Attendance Policy:

A teen attending Sinai can miss a total of 5 sessions over year 1 of preparation and 5 sessions over year 2 of preparation. Should absences exceed these 5 sessions, they will be placed in a 'deferred' status & repeat the following year. Each year there are a total of approximately 23-25 sessions.

5) A teen should enroll and participate in Confirmation when they feel they are ready and they should be making this choice of their own free will.

6) There is a retreat requirement for Confirmation. Blessed Sacrament plans to offer retreats each year for high school teens to meet this requirement. Dates of retreats are forthcoming. If a participant is unable to make one of these retreats, it is their responsibility to attend a Confirmation retreat at another parish. There is a retreat portion of the Confirmation Document Portal which must be filled out.

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8) There is a service project requirement. There are no minimum hours required. We ask the teen to find a cause or project that is meaningful to them so that after completing their sacramental initiation they would hopefully continue with this cause/project. The service project must take place sometime over the 2 year preparation period. No signatures are needed to verify a service project. They will need to write at least four sentences about their service project in the Confirmation Document Portal. If they need help deciding upon a service project, they can contact Hannah for service project suggestions.

9) Confirmation paperwork is now completed online. In Year 2 of Confirmation preparation, the Candidate will need to provide information and 2 documents related to Confirmation. The documents are **1) a picture/scanned copy of their Baptismal Certificate and 2) a picture/scanned copy of the Sponsor Covenant**. Both of these will be uploaded to the Confirmation Document Portal; paper copies will not be accepted. This paperwork is an integral part of Confirmation preparation and must be completed on a timely basis. **All information must be submitted to the Confirmation Document Portal by March 1st.**

FAQs

Do I need to provide a picture/scanned copy of the baptismal certificate if my child was baptized at Blessed Sacrament Church (BSC)?

Yes.

Do I need to provide a picture/scanned copy of the baptismal certificate if my child was not baptized at BSC but made their First Communion at BSC?

Yes.

What is the date of the rehearsal and Confirmation Mass?

April 23, 2026 and April 30, 2026, respectively.

Does the sponsor have to attend the rehearsal?

It is ideal for the sponsor to attend, but if they cannot make the necessary travel arrangements, it is okay if they don't.

What if the sponsor cannot attend the Confirmation liturgy?

Obviously, it is highly preferred that the sponsor attend the liturgy, but if they cannot, a 'proxy' can stand in for the absent sponsor. A parent cannot be the 'proxy'. A 'proxy' must meet the same specifications as a sponsor.

Can we homeschool?

As this Confirmation program is both a Confirmation and Youth Group Program which does not follow a textbook, it is not possible for parents to homeschool their children for Confirmation prep.